

Souls of Light Sanctuary Presents:

Kundalini: The Alchemical Elixir of Spiritual Consciousness

Friday - May 19, 2017

Pre-Event Gathering – Connect & Refresh

6:30 pm - 7:00 pm

Acharya Samvitti Devi's*

Trika Shala Kundalini Presentation & Meditation**

7:00 pm - 9:00 pm

First Congregational Building

1229 Court St, Martinez

\$15.00 Members \ \$30.00 Day Of

\$25.00 Non Members \ \$35.00 Day Of



RSVP by May 15th

Online: soulshelter.org

(925) 335-9420 * sols1034@gmail.com

Checks: SOLS, 1034 Court St, Martinez, CA 94553

***Acharya Samvitti Devi** has been working with the energy of kundalini for 25 years, and has been studying with her teacher, Swami Khecaranatha for 15 years. After a three year training period she was initiated as an Acharya (teacher) within the Triakashala tantric lineage by her teacher. Samvitti is also completing her dissertation in Jungian and Archetypal psychology, focusing on how experiences of kundalini impact psycho-spiritual transformation.

****The Trika Shala practice of Kundalini** focuses on the raising of the kundalini from the chakra at the base of the spine to and beyond the chakra at the crown of the head, which awakens a powerful transformative process. Kundalini has the capacity to wash away our deepest tensions, to expand the flow of creative energy and consciousness within us, and to eliminate our misunderstandings about our true nature.