

The Alchemy of Transformation: Discovering the Power of Shakti-Kundalini



Workshop Presented by
Acharya Samvitti Devi (Dana Swain, Ph.D)

Friday, June 7th – Sunday, June 9th

In this weekend, we will:

- Give ourselves the gift of stillness through meditation
- Discuss the Universal and archetypal nature of Kundalini
- Explore our own subtle body system and chakras using an arts-based approach
- Experience the connection between our subtle body, and the larger body of nature

\$150.00/\$125.00 SOLS Members



RSVP: (925) 335-9420 SolsLite.org Sols1034@gmail.com

RSVP & Fee Deadline: June 5, 2019

Kundalini is the spiritual energy and consciousness that lies dormant at the base of the spine. Once it stirs, a journey of transformation begins that affects the physical, emotional, mental, and spiritual levels of life. Like all epic, mythic journeys, the spiritual journey from mundane reality and everyday suffering to a place of consciousness, joy and freedom, is full of challenges and profound insights. This is the path of Shakti, the power of consciousness that exists in you, just waiting to be discovered.

Weekend Schedule

Friday Talk: 7:00pm – 8:30pm

First Congregational Church, 1229 Court St, Martinez

Saturday Workshop: 9:30am – 5:00pm

First Congregational Church, 1229 Court St, Martinez

Sunday Nature Connection: 9:30am – 12:30pm

Martinez Marina, 7 N. Court St, Martinez

On Sunday we will meet at the Martinez Marina parking lot. Sunday will be spent outside with some easy walking. Please wear appropriate clothing and comfortable shoes. All levels of experience are welcome.



Acharya Samvitti /Devi (Dana Swain, Ph.D), has worked with Kundalini for over 25 years and understands through direct experience the many stages and experiences that attend the energetic path of Kundalini as it moves through the individual. Samvitti was initiated as an Acharya (teacher) in 2017 in the Rudrananda Pantha lineage by her teacher, Swami Khecaranatha. In addition, Samvitti is a Jungian and Archetypal psychologist, and a movement-based expressive art therapist.