

# Spring Food For The Soul

*"Food for the body is not enough. There must be food for the soul."* Dorothy Day

## Bloom Where You Are Planted



**Saturday, March 25th**

6:00pm to 8:30pm

**First Congregational Building**

1229 Court Street Martinez, CA 94553

**\$5.00 With Dish**

**\$15.00 Without Dish**

- Bring a Spring dish to share with your SOLS friends!
- Bring a friend to share with your SOLS friends!
- Be encouraged by ways we can flourish like a plant in a negative, concrete situation whether it be work, politics, mental thoughts or emotional feelings.
- Enjoy delicious food and invaluable time together in unity.

## RSVP

Please RSVP by March 22

**How Many In Your Party And What You Are Bringing**

Reservations & Payment can be made online at [SoulShelter.org](http://SoulShelter.org)

Cash and Checks to SOLS are also accepted



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[SoulShelter.org](http://SoulShelter.org)